

sky

DELTA

JUNE 2017

CUTTING-EDGE MUSIC FESTIVALS
DISCOVERING REYKJAVÍK'S CHARM
WHAT'S NEW FOR HOTELIER IAN SCHRAGER
BETTY WHO'S SYDNEY FAVORITES
1 CITY 5 WAYS: RALEIGH-DURHAM

THE CURRENCY OF Joy

James Corden
is busy seizing every
moment, every day,
and making us all wish
our carpools looked
(and sounded)
like his do.
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RALEIGH-DURHAM

THERE'S MORE THAN ONE WAY TO DISCOVER A DESTINATION.
BY JASON OLIVER NIXON



THE TRIANGLE THAT ENCOMPASSES RALEIGH, Durham and Chapel Hill is buzzing—from high-energy sports venues to hipster eateries, high-design hotels, sculpture gardens, galleries and historic locales. Thank the University of North Carolina, North Carolina State and Duke for attracting the best and brightest talents to the North Carolina capital and its environs. Downtown Raleigh has undergone a cosmopolitan revitalization that marries green spaces with retail, restaurants and museums, while Chapel Hill, Durham and nearby Cary offer the best of small-town intimacy with cutting-edge chic. Wash it all down with an order of fried green tomatoes and pimento cheese paired with a side of biscuits.

RALEIGH-DURHAM

CULTURE FAN



WHERE TO STAY **21C Museum Hotel Durham**
The perfect perch from which to explore Durham, this contemporary art-filled hostelry is located in an art deco former bank (by the same architects as NYC's Empire State Building). Be sure to wander the ever-changing art galleries. 21cmuseumhotels.com

LUNCH **Beasley's Chicken + Honey**
Settle in for revved-up Southern fare at chef Ashley Christensen's bustling eatery in downtown Raleigh—think fried chicken and waffles and Nashville-style hot chicken sandwiches. Finish with sour cream cheesecake and cherry purée. beasleys-raleigh.com



AFTERNOON **North Carolina Museum of Art**
Explore the museum's sprawling, verdant grounds—packed with sculptures and miles of trails—before viewing the massive collection that ranges from ancient Egypt to the Renaissance. ncartmuseum.org

DINNER **Crawford and Son**
Beautifully crafted global food and wine take center stage at this moody, industrial-chic eatery in downtown Raleigh. Begin with the charred octopus and Marcona almonds before sampling Wagyu short rib with corn bread pudding. crawfordandsonrestaurant.com



AFTER HOURS **The Green Light**
This atmospheric speakeasy offering artisanal cocktails is tucked into Raleigh's Architect Bar (a 1920s-era former architect's office); look for a hidden bookcase at the top of the stairs. thelocalicon.com

FOODIE

WHERE TO STAY **The Fearington House Inn**
Escape to relaxed luxury in bucolic Pittsboro and savor the luxe Relais & Chateaux accommodations, much-lauded eatery and stunning spa, all with an atmospheric villagelike feel (including a working farm!). fearington.com



MORNING ACTIVITY **Southern Season**
This massive culinary mecca in Chapel Hill sells every culinary utensil, gadget and far-flung ingredient under the sun and includes a gourmet marketplace, café, restaurant and cooking classes. It's a great spot to buy mementos. southernseason.com



AFTERNOON ACTIVITY **McIntyre's Books**
Housed in the Fearington Village complex, this independent bookstore attracts the best and brightest for appearances, book signings and seasonal events. fearington.com



HAPPY HOUR **Brewery Bhavana**
Craft beer pairs well with top-notch Chinese fare at this airy Raleigh newcomer. Dive into Belgian-inspired brews and Peking duck before grabbing a bouquet to go. (Brewery Bhavana also sells flowers!) brewerybhavana.com

DINNER **The Fearington House Restaurant**
Wind down with a sublime menu that celebrates local farms and purveyors courtesy of chef Colin Bedford. The prix fixe menu features the likes of parsnip soup with Medjool dates and beef rib eye with black garlic and coffee. fearington.com



OUTDOOR ENTHUSIAST



WHERE TO STAY **The Umstead Hotel and Spa**
Minutes from RDU Airport in Cary, The Umstead marries spot-on service and chic, art-filled interiors with 12 acres of woodland. Contemplate nature before a spa treatment such as the Red Flower Hammam Ritual. theumstead.com



BREAKFAST **La Farm Bakery**
Savor a slice of the French countryside at this atmospheric boulangerie in Cary, where breakfast features avocado toast and croque madames. Order Le Grande BLT sandwich for a crusty alfresco lunch later. lafarmbakery.com

MORNING **Sarah P. Duke Gardens**
This verdant, 55-acre (free) site on the grounds of Duke University includes a terraced formal garden, a native garden, an Asiatic arboretum and more. Kids will love learning about bees and sustainable gardening in the Discovery Garden. Then grab lunch at the Terrace Café. gardens.duke.edu

AFTERNOON ACTIVITY **Oak City Cycling Project**
Head to downtown Raleigh and rent one of the Civia Lowry bikes to explore the city's impressive greenway system, with its 150 miles of trails and top parks. oakcitycycling.com



DINNER **Hérons**
The innovative prix fixe menu shines at this elegant eatery that overlooks the Umstead's herb-filled terraces and wooded gardens. Try the 62-degree egg with sea urchin and Carolina shrimp and the bass with squid ink pasta and braised fennel. theumstead.com

STYLE SETTER

WHERE TO STAY **The Durham**
Midcentury modern shines at this stylish *Mad Men*-ish boutique hotel in Durham. Check into one of the 53 rooms and explore the rooftop bar and chef Andrea Reusing's in-house eatery, The Durham. thedurham.com



BREAKFAST **Person Street Pharmacy and Café**
With a working pharmacy in the back that was founded in 1910 and a groovy, industrial-chic café up front, this hip, historic downtown Raleigh stalwart will allow you to fill your prescription before enjoying the Pedro sandwich: chorizo, egg, avocado and cheddar on a biscuit. personstreetrx.com



MORNING ACTIVITY **Shop Downtown**
Raleigh features one-stop retail shopping, from gifts (Deco Home) to jewelry (Moon & Lola, shown) and vintage design finds (Retro Modern Furnishings). There are plenty of cafés for a coffee pick-me-up, too. godowntownraleigh.com



LUNCH **Garland**
Garland serves up locally sourced Pan-Asian fare in a high-octane setting in Raleigh. Try the Moroccan hummus and chicken tikka salad sandwich paired with a rum- and lime-laden On Some Far Away Beach libation. (Cocktails at lunch? Why not?) garlandraleigh.com

COCKTAILS **Fox Liquor Bar**
Wind down your day with a Dark 'N Stormy or grapefruit collins cocktail accompanied by a spirited cheese assortment at this happening spot in Raleigh. ac-restaurants.com



SPORTS FAN



WHERE TO STAY **The Carolina Inn**
Step back in time at this Chapel Hill landmark that has been welcoming guests for more than 90 years. Rooms are gracious and traditional, while dining options range from afternoon tea to a Southern-centric dining room. carolinainn.com

BRUNCH **Crook's Corner**
When *The New York Times* calls it "sacred ground for southern foodies," you know it's got to be good. Located in Chapel Hill, Crook's serves the likes of shrimp and grits, ham hash and a knockout pimento cheese sandwich. crookscorner.com



MORNING ACTIVITY **Carolina Basketball Museum**
March Madness fans should hightail it to this basketball-only museum. Housed within the Ernie Williamson Athletics Center on the UNC-Chapel Hill campus, the museum showcases Tar Heels basketball through artifacts, photographs and videos. Free admission. carolinabasketballmuseum.com

LUNCH **Merritt's Store and Grill**
Queue up at this atmospheric Chapel Hill eatery for the renowned BLT sandwich that can be lavished with pimento cheese, guacamole and more. merrittsstoreandgrill.com



EVENING **Durham Bulls Game**
Head to Durham's historic American Tobacco District to watch the Durham Bulls Triple-A minor league team play. The June roster features games against Charlotte, Norfolk and Pawtucket. milb.com